

Drinks	Size	Calories	Alcohol (grams)	Carbohydrates (grams)
<b>Table Wine</b>				
Red Zinfandel	5oz	131	14	4
Merlot	5oz	123	14	4
Cabernet Sauvignon	5oz	122	14	4
Chardonnay	5oz	122	14	4
Riesling	5oz	120	14	5
Champagne	4oz	85	11	2
Sake: Rice Wine (16% alcohol)	4oz	125	15	5
<b>Beer</b>				
Sam Adams Boston Lager	12oz	180	13	19
Corona Extra	12oz	150	13	13
Heineken	12oz	150	14	12
Budweiser	12oz	145	14	11
Harbin Beer	12oz	144	14	14
Miller Genuine Draft	12oz	143	14	13
Bud Light	12oz	110	12	7
Corona Light	12oz	105	12	5
Miller Light	12oz	100	13	4
MGD Light (MGD 64)	12oz	64		
<b>Cocktails</b>				
Pina Colada	Standard	325	19	12
Long Island Ice Tea w/ 8 oz Coke	Standard	290	22	31
Long Island Ice Tea w/ 8 oz Diet Coke	Standard	190	22	6
Grasshopper	Standard	280	13	30
Sex On The Beach	Standard	240	20	26
Gin & Tonic	Standard	220	19	22
Mai Tai	Standard	220	21	16
Singapore Sling	Standard	210	25	9
Tom Collins	Standard	210	24	12
Irish Coffee	Standard	175	14	6
Mojito	Standard	160	19	6
Screwdriver	Standard	160	14	14
Margarita	Standard	150	18	4
Daiquiri	Standard	140	19	4
Highball	Standard	110	14	3
Bloody Mary	Standard	95	10	16